

Ahmed Plummer Bio

Raised in Cincinnati by a single mom, Ahmed Plummer became a highly recruited high school football player, earning Ohio Defensive Player of the Year, the Cincinnati “That’s my boy award”, and ultimately getting recruited to play for Ohio State.

While playing Cornerback at Ohio State, Ahmed secured 14 interceptions (6th on all-time OSU records), was an MVP for the program, Captain of the team, and importantly, beat Michigan!

Ahmed had been raised in the Baptist Church, but the biggest life-changer while at OSU was when Ahmed made Jesus Christ Lord over his life.

With the 24th pick of 2000, Ahmed was drafted to the San Francisco 49ers in the first round. He had an immediate impact, earning 2000 NFL All Rookie Team and 2001 NFL All Madden Team awards. Ahmed played for 6 seasons with San Francisco before retiring, and coached with OSU for 1 year.

Since then, he has spent his time as a Father, Community Volunteer, Youth Coach & Trainer, and Gospel Ministry Speaker.

